**How rapidly Trials and Triumphs Alternate by Martin Luther**

There is comfort in the fact that although life as such is very sad and is truly a sowing in tears, God meanwhile allows no trial to be perpetual but, just at the seasons change, so blue skies always follow a fog, and recreation follows labor.

Thus we experience that when our souls have been vexed before God and the world for one, two, three, or more days by thoughts of despair, doubt, and impatience, they are subsequently buoyed up by some spiritual consolation.

After parents have chastised their children, they again speak to them in a friendly way and attract them with candy or other allurements. So God deals with us too, lest, if there were no refreshment, we flee from Him forever.

In times of trial we should learn to judge, not by our feeling but by the Word of God. This Word promises us that every trial is only the evening upon which morning of comfort follows.